

All main meals, soups and baked puddings are homemade. Water and milk is offered at all meal times. Drinking water is available throughout the day.

Autumn/Winter Hot Tea - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents
Lunch	Salmon and broccoli pasta - Broccoli - FF	Chicken casserole - Carrots - FF	Veggie bean chilli - Peppers - FF	Roast pork dinner - Runner Beans - FF	Vegetable and lentil lasagne - Pepper - FF
Pudding	Mashed banana	Apple and cinnamon with custard	Pureed peach with natural yoghurt	Natural yoghurt with puree pear	Coconut rice pudding With Melon
High Tea	Homemade tomato and red lentil soup - Toasted Brown Finger - FF Blueberries and peach	Beef stew - Carrots - FF Apple and banana	Roast chicken dinner - Broccoli - FF Melon	Vegetable and chickpea pasta bake - Courgette - FF Plum and grapefruit	Cottage pie - Carrot - FF Natural Yoghurt with pear

Seasonal Fruit and Vegetables you may find - Apple, Beetroot, Kale, Spinach, Runner Beans, Carrots, Celery, Mushrooms, Onions, Swede, Turnips, Cabbage.

September 2025

All main meals, soups and baked puddings are homemade. Water and milk is offered at all meal times. Drinking water is available throughout the day.

Autumn/Winter Hot Tea - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents
Lunch	Mixed bean and pepper pasta - Pepper - FF	Fruity chicken curry served with boiled rice - Pepper - FF	Mixed bean and cous cous - Wraps - FF	Fish pie - Potato - FF	Turkey meat balls, boiled potatoes, green beans and gravy - Green Beans - FF
Pudding	Apricot	Natural yoghurt with puree pear	Mashed banana	Raspberry overnight oats	Apple and blackberry with custard
High Tea	Chicken casserole - Carrot - FF Banana and blueberries	Salmon and broccoli pasta - Broccoli - FF Apple	Creamy broccoli and cheese soup - Toasted Brown Fingers - FF Pineapple and kiwi	Vegetable and lentil lasagne - Pepper - FF Mango and satsuma	Veggie bean chilli - Tortilla - FF Melon and pear

Seasonal Fruit and Vegetables you may find - Apple, Beetroot, Kale, Spinach, Runner Beans, Carrots, Celery, Mushrooms, Onions, Swede, Turnips, Cabbage.

September 2025

All main meals, soups and baked puddings are homemade. Water and milk is offered at all meal times. Drinking water is available throughout the day.

Autumn/Winter Hot Tea - Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents
Lunch	Salmon and tuna pasta with kale in a tomato and garlic sauce - Kale - FF	Roast turkey dinner - Cauliflower - FF	Mushroom and red lentil Bolognese served with spaghetti pasta - Pasta - FF	Lamb hotpot - Carrot - FF	Mixed bean and root vegetable stew - Parsnip - FF
Pudding	Natural yoghurt and cranberries	Pear	Vanilla rice pudding with Banana	Pear and custard	Natural yoghurt and pureed peach.
High Tea	Roast pork dinner - Red Cabbage - FF Mandarin and apple	Homemade cream of butterbean, parsnip and apple soup - Brown Pitta - FF Banana and melon	Fish pie - Carrots - FF Apple and raspberry	Mixed bean and pepper pasta - Pepper - FF Apricots	Fruity chicken curry served with boiled rice - Pepper - FF Mango and kiwi

Seasonal Fruit and Vegetables you may find - Apple, Beetroot, Kale, Spinach, Runner Beans, Carrots, Celery, Mushrooms, Onions, Swede, Turnips, Cabbage.

September 2025

All main meals, soups and baked puddings are homemade. Water and milk is offered at all meal times. Drinking water is available throughout the day.

Autumn/Winter Hot Tea - Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents	Nursery toast/cereal or fruit provided by parents
Lunch	Cannellini bean masala Pasta - Pasta - FF	Beef stew - Swede - FF	Roast chicken dinner - Broccoli - FF	Cottage pie - Carrots - FF	Vegetable and chickpea pasta bake - Courgette - FF
Pudding	Banana and custard	Kiwi	Fromage frais with fruit	Natural yoghurt with blackberries	Semolina with plum sauce
High Tea	Roast Turkey Dinner - Cauliflower - FF Mango and kiwi	Salmon and tuna pasta with kale in a tomato and garlic sauce - Kale - FF Apple and pear	Mixed bean and root vegetable stew - Parsnip - FF Melon and pear	Mushroom and red lentil bolognese serves with spaghetti pasta - Pasta - FF Pineapple and apricots	Lamb hotpot - Carrot - FF Satsuma and pear

Seasonal Fruit and Vegetables you may find - Apple, Beetroot, Kale, Spinach, Runner Beans, Carrots, Celery, Mushrooms, Onions, Swede, Turnips, Cabbage.

September 2025