

All main meals, soups and baked puddings are homemade. Milk and water are both offered at all meal times. Drinking water is readily available throughout the day.

Autumn/Winter Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit
Lunch	Salmon and broccoli pasta.	Chicken casserole	Veggie bean chilli served with baked tortillas	Roast pork dinner	Vegetable and lentil lasagne
Pudding	Flapjack with dried mixed fruit	Apple cinnamon sponge and custard	Pureed peach and ice cream	Natural yoghurt with pear puree	Coconut rice pudding with sultanas
High Tea	Homemade tomato and red lentil soup served with seeded bread, blueberries and peach	Homemade cheese tomato and pepper pizza served with cherry tomatoes, apple and banana	Ham sandwiches and tuna and sweetcorn sandwiches served with carrot sticks, melon and grapes	Beans and toast served with plums and grapefruit	Carrot, potato, cheese and onion waffles served with sour cream and spring onion dip, beetroot sticks, orange and pear

*Seasonal Fruit at breakfast which will include a range of fresh and dried such as Raisins, Bananas, Blueberries, Apples, Mango.

September 2025

All main meals, soups and baked puddings are homemade. Milk and water are both offered at all meal times. Drinking water is readily available throughout the day.

Autumn/Winter Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit
Lunch	Mixed bean and pepper pasta	Fruity chicken curry served with boiled rice.	Mixed bean enchiladas served with sweetcorn	Fish pie	Turkey meatballs served with wedges, greenbeans, and gravy
Pudding	Fruit muffins made with raisins	Natural yoghurt with pear puree.	Flapjack	Raspberry overnight oats	Homemade apple and blackberry crumble and custard
High Tea	Sardines and tomato bars and ham bars served with lettuce, banana and blueberries	Beans and toast served with apple and grapes	Creamy broccoli and cheese soup served with homemade croutons, pineapple and kiwi	Mushroom scrambled egg on toast. Mango and satsuma.	Homemade cheese, tomato and rocket pizza served with celery sticks, melon and pear

*Seasonal Fruit at breakfast which will include a range of fresh and dried such as Raisins, Bananas, Blueberries, Apples, Mango.

September 2025

All main meals, soups and baked puddings are homemade. Milk and water are both offered at all meal times. Drinking water is readily available throughout the day.

Autumn/Winter Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit
Lunch	Salmon and tuna pasta with kale in a tomato and garlic sauce	Roast turkey dinner	Mushroom and red lentil bolognaise served with spaghetti pasta	Lamb hotpot	Mixed bean and root vegetable stew
Pudding	Natural yoghurt and cranberries	Ice cream and pureed pear	Vanilla rice pudding	Pear sponge and custard	Natural yoghurt and pureed peach
High Tea	Cheese on toast served with beetroot sticks, mandarin and apple	Homemade cream of butterbean, parsnip and apple soup served with pitta bread, banana and melon	Grated cheese sandwiches and egg and tomato sandwiches served with apple and raspberry	Homemade cheese, tomato and mixed olive pizza served with pepper sticks, apricots and grapes	Beans and toast served with mango and kiwi

*Seasonal Fruit at breakfast which will include a range of fresh and dried such as Raisins, Bananas, Blueberries, Apples, Mango.

September 2025

All main meals, soups and baked puddings are homemade. Milk and water are both offered at all meal times. Drinking water is readily available throughout the day.

Autumn/Winter Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit	Nursery toast/cereal Fresh fruit / dried fruit
Lunch	Cannellini bean and masala pasta.	Beef stew with crusty bread	Roast chicken dinner	Cottage pie	Vegetable and chickpea pasta bake
Pudding	Banana and custard	Flapjack with dried mixed fruit	Fromage frais	Natural yoghurt with blackberries	Semolina with plum sauce
High Tea	Crumpets with cheese and chive spread served with celery sticks mango and kiwi	Grated cheese barmes and mackerel and sweetcorn barmes served with apple and grapes	Homemade cheese, tomato and spinach pizza served with cherry tomatoes, melon and pear	Cheese and chicken wholemeal wraps served with carrot sticks pineapple and apricots	Baked egg, bacon and cheese muffins served with sour cream dip, beetroot, satsuma and pear

*Seasonal Fruit at breakfast which will include a range of fresh and dried such as Raisins, Bananas, Blueberries, Apples, Mango.

September 2025