

All main meals, soups and baked puddings are homemade. Milk and water are offered at all meal times. Drinking water is readily available throughout the day in the children's rooms.

### Spring/Summer Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit
Lunch	Salmon and broccoli pasta.	Chicken and apricot casserole	Veggie bean chilli served with baked tortillas	Roast pork dinner	Vegetable and lentil lasagne
Pudding	Flapjack with dried mixed fruit	Lemon loaf	Pureed peach and ice cream	Natural yoghurt with raspberry puree	Coconut rice pudding with sultanas
High Tea	Homemade tomato and red lentil soup served with seeded bread, blueberries and peach	Homemade cheese tomato and pepper pizza served with cherry tomatoes, strawberries and banana	Ham sandwiches and tuna and sweetcorn sandwiches served with carrot sticks, melon and grapes	Beans and toast served with kiwi and pineapple	Carrot, potato, cheese and onion waffles served with sour cream and spring onion dip, cucumber sticks, orange and mango

\*\*Seasonal Fruit at breakfast which will include a range of fresh and dried such as Raisins, Bananas, Strawberries, Kiwi, Mango

September 2025

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### Spring/Summer Week Two

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Lunch	Mixed bean and pepper pasta	Fruity chicken curry served with boiled rice	Mixed bean enchiladas served with sweetcorn	Fish pie	Turkey meatballs served with wedges, cabbage, and gravy
Pudding	Fruit muffins made with raisins	Fromage frais	Flapjack with raisins	Cherry overnight oats	Homemade mixed berry crumble and ice cream
High Tea	Sardine and tomato bars and ham bars served with lettuce, banana and blueberries	Beans and toast served with apple and grapes	Creamy broccoli and cheese soup served with homemade croutons, pineapple and kiwi	Toasted potato cakes with spread served with a beanie beetroot dip, cucumber sticks, mango and satsuma	Homemade cheese, tomato and sweetcorn pizza served with celery sticks, melon and pear

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### Spring/ Summer Week Three

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Breakfast	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit	Nursery toast/cereal Fresh fruit or dried fruit
Lunch	Salmon and tuna pasta with asparagus in a tomato and garlic sauce	Roast turkey dinner	Mushroom and red lentil bolognaise served with spaghetti pasta	Lamb hotpot	Mixed bean and root vegetable stew
Pudding	Natural yoghurt and blueberries	Ice cream and strawberries	Vanilla rice pudding	Orange cake	Natural yoghurt with peach puree
High Tea	Cream cheese bagels served with cucumber slices, mandarin and pineapple	Homemade pea and mint soup served with pitta bread, banana and watermelon	Grated cheese sandwiches and egg and tomato sandwiches served with apple and raspberry	Homemade cheese, tomato and mixed olive pizza served with pepper sticks, apricots and grapes	Beans and toast served with mango and kiwi

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### Spring/Summer Week Four

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Lunch	Cannellini bean masala pasta.	Mediterranean hotpot	Roast chicken dinner	Cottage pie	Vegetable and chickpea pasta bake
Pudding	Natural yoghurt and strawberries	Flapjack with dried mixed fruit	Fromage frais	Banana and ice cream	Semolina with plum sauce
High Tea	Crumpets with cheese and chive spread served with celery sticks mango and kiwi	Grated cheese barmes and mackerel and sweetcorn barmes served with apple and grapes	Homemade cheese, tomato and spinach pizza served with cherry tomatoes, melon and raspberries	Cheese and chicken wholemeal wraps served with carrot sticks, pineapple and apricots	Baked egg, bacon and cheese muffins served with a sour cream dip, cucumber sticks, satsuma and pear

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